

Lo Scoglio Restaurant

Via Verdi 42 – 59100 Prato
Tel: 0574 22760 Mobile: 333 4720813

CIRN 2016 – Thursday 3 November – dinner 7:30pm

FISH MENU

MIXED STARTER

*Salmon tartare with pineapple - Salt codfish with pecorino cheese and creamed fennel –
Calamari with artichokes and aromatic herbs - Honey prawns
Tartara di salmone e ananas - Sfera di baccalà e pecorino su crema di finocchi –
Calamari con carciofi e erbe aromatiche - Gamberi al miele*

FIRST COURSE

*'Paccheri' (big tubes) pasta with gurnard fish
Paccheri alla gallinella*

MAIN COURSE

*Sea bass fillet with potato and porcini mushroom rosti
Filetto di spigola in rosti di patate e porcini*

MEAT MENU

MIXED STARTER

*Tuscan ham – 'Coccoli', Tuscan bread entree with 'stracchino' cheese - Mini vegetable quiche on creamed pecorino cheese -
'Finocchiona' (Tuscan cured meat with fennel seeds) and fig jam
Prosciutto - Coccoli con stracchino - Sformatino di verdure su crema di pecorino –
Finocchiona con marmellata di fiche*

FIRST COURSE

*Porcini mushroom risotto
Risotto ai funghi porcini*

MAIN COURSE

*Lamb with artichokes
Agnello con variazioni di carciofi*

VEGETARIAN MENU

MIXED STARTER

*Falafel - 'Roman style' artichokes – 'Coccoli', a Tuscan bread entrée with 'stracchino' cheese –
Orange, fennel and pine nut salad - Vegetarian patties
Falafel - Carciofi alla romana - Coccoli con stracchino cheese - Insalata di arance finocchi e pinoli - Polpettine speziate*

FIRST COURSE

*Mini gnocchi with crunchy vegetables
Gnocchetti con verdure croccanti*

MAIN COURSE

*Millefeuille of aubergine (eggplant)
Millefoglie di melanzane*

ALL MENUS INCLUDE:

*Choice of **dessert** (Ask the waiter)
Water, house wine, coffee*

* *Coccoli*, in Italian, is the imperative of the verb "coccolare", which translated means "to cuddle", it is also the name of the dollops of deep fried bread dough that the Florentine people used to eat as street food during the 50's. Today, *coccoli* are served as an 'antipasto' in many restaurants, usually with 'Stracchino' a spreadable cheese.